

Mr Charles M. Malata

New Cosmetic Surgery Guidelines

Effective May 2013

Cosmetic Surgery is elective surgery. Mr Malata puts your safety ahead of all other considerations. Thus it is important that you understand his practice guidelines

- Cosmetic Surgery Patients who have more than 2 of the following surgical risk factors will not be accepted for surgery e.g. diabetes, high blood pressure, smoking, high BMI (>30), multiple medications, any systemic disease. A formal anaesthetic or medical opinion will be needed if there is any doubt.
- Patients with a BMI of 33 or above will not be accepted for combination cosmetic surgery. Patients with BMI's over 35 will not be accepted for any cosmetic surgery at all! (only cancer or emergency surgery is excluded from the above). See point 1 above.
- Patients are advised that attending 2 consultations will be required of them for:
 - Patients whose surgery is planned over 3 months from the original visit.
 - Any patient travelling from abroad for surgery.
 - Multiple surgeries / Combination Cosmetic Surgeries.
 - All breast augmentation patients who have not seen/felt the breast implant samples or tried out the sizers at the first consultation. It is important that you view photos of his previous patients. In the unlikely event that it is not possible to do the above a second consultation will be mandatory.
 - Any patient opting for a technique contrary to Mr Malata's opinion (i.e., his recommendation for best outcome) e.g., breast lift vs. breast enlargement, neck lift vs. face lift, upper lids vs. brow lift, abdominoplasty vs. liposuction, Mini vs. full **(A waiver will need to be signed prior to scheduling the surgery)**.
- All patients are required to have a minimum 2 week "cooling off" period between the initial consultation and operation date. Cosmetic surgery is not an emergency!
- Liposuction: No liposuction involving more than 5 litres of total aspirate will be undertaken (roughly 3 litres of pure fat).
- Surgery will be declined if:
 - a) Patient refuses to have a Pre-admission and/or anaesthetic assessment.
 - b) Mr Malata is not convinced of your motivation / realistic expectations.
 - c) Smokers who refuse to commit to stop smoking or significantly reduce this.
- All cosmetic patients are routinely offered a 2nd free consult unless they decline it